

So you’ve adopted a new family member, congratulations! You’re about to embark on a journey of many years of love, connection, and companionship.

Here are some tips to help you and your new furbaby get started:

Getting a new pet is exciting for everyone involved but can also be daunting, especially if it’s a brand new experience. You are faced with the responsibility of ensuring that your pet has the best start in life, is healthy and stays that way.

Initial Checklist:

* Pick the type of food you will feed and purchase enough for at least a few days initially
It’s also a great time to purchase or make some toys and treats for your new baby
* Choose a vet and make sure you schedule any needed vaccinations (friends are a great resource to help recommend a vet they trust near you)
* Consider flea and tick prevention options
* Determine whether or not pet insurance is valuable in your case
* Note the location and hours of the nearest emergency vet
* Make sure you have all the paperwork for your kitten so that you can show your vet on your first visit.

**Use this form to track your pet’s medical history:**

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| --- | --- | --- | --- |
| **Date** | **Vaccine or Procedure** | **Administered By** | **Notes** |
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Suggested cat vaccination schedule: <https://www.petcoach.co/article/vaccines-vaccination-schedule-for-cats-kittens/>

Suggested dog vaccination schedule:

<https://www.petcoach.co/article/vaccination-schedules-for-dogs-and-puppies/>